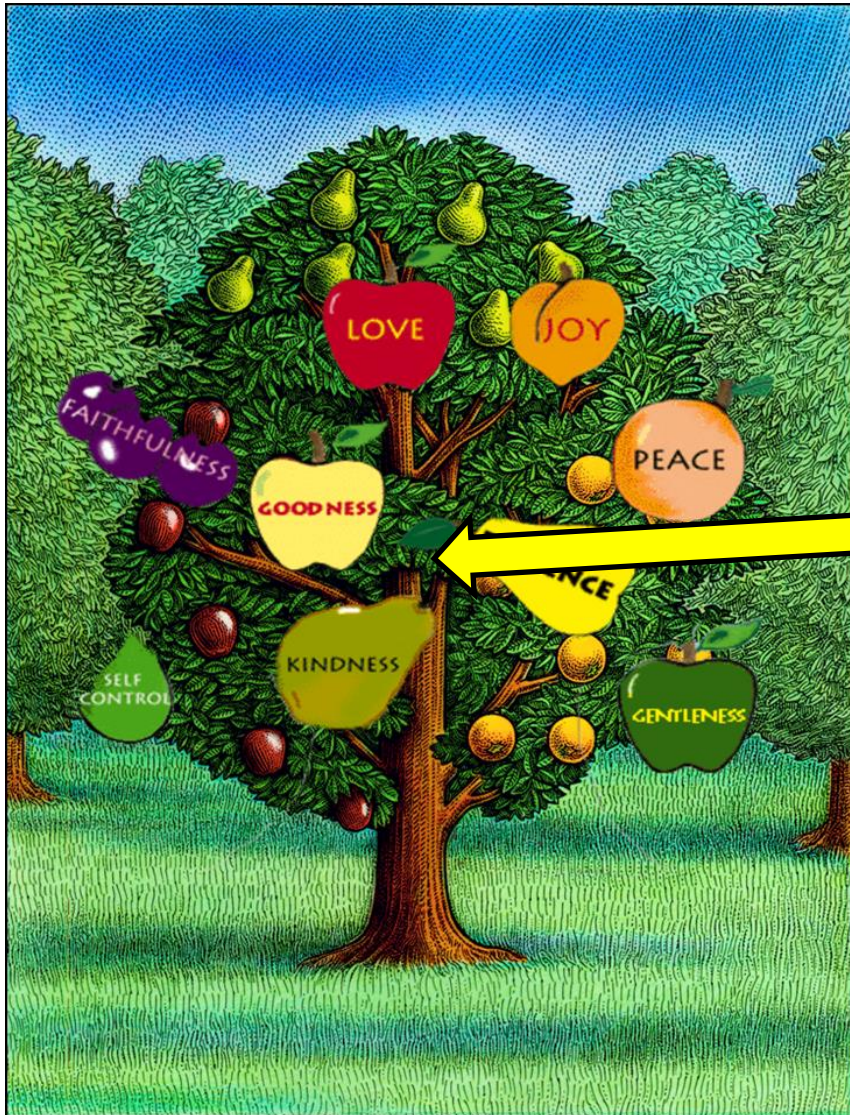


But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Galatians 5:22 - 23



5 Simple Acts of Kindness

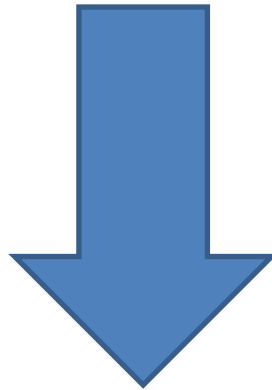
1. Hold the door open for someone
2. Give someone a compliment
3. Call a family member you don't see often
4. Plant a tree
5. Smile at someone

What do you think ?

The fruit of **the Spirit**

These are firstly qualities that God has

God



that he desires to reproduce in

You and Me



is what you
do

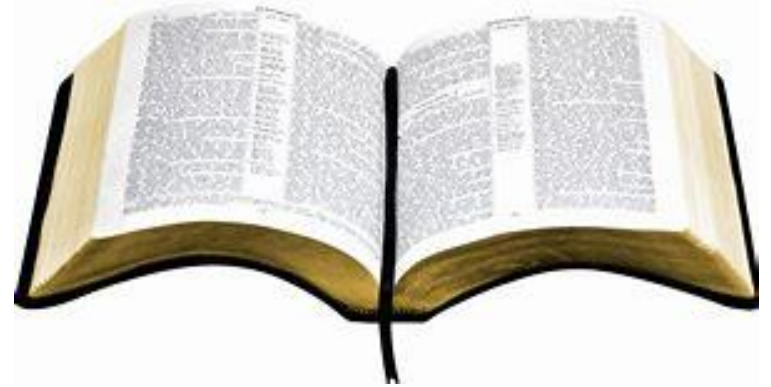


is about what
you are



There are several related words in the Bible that are translated as 'kindness' or 'goodness'.

Your servant has found favour in your eyes, and you have shown great kindness (khesed) to me in sparing my life. Genesis 19:19



but let the one who boasts boast about this: that they have the understanding to know me, that I am the LORD, who exercises kindness, justice and righteousness on earth, for in these I delight," declares the LORD. Jeremiah 9:24

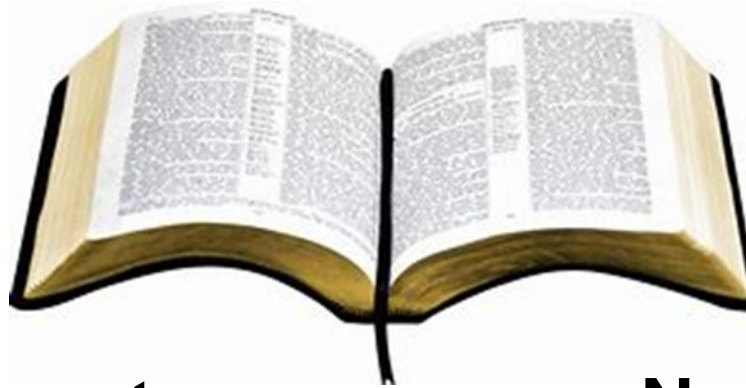
And the LORD said, "I will cause all my goodness (tov) to pass in front of you, and I will proclaim my name, the LORD, in your presence. Exodus 33:19

Psalm 23:6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever. KJV

Psalm 23:6 Surely your goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever. NIV



'grace'



Old Testament

New Testament

NIV 7

113

KJV 39

131

Hebrew 247

Greek 156

Where has all the grace gone ?

Because the word “khesed” has not been translated as ‘grace’ some have two views of God



The ‘God’ of the
Old Testament
- harsh

V



The ‘God’ of the
New Testament
- loving

This isn't true. God hasn't changed !

Have mercy on me, O God, according to your unfailing love;
Psalm 51:1

But when the kindness and love of God our Saviour appeared,
Titus 3:4



in order that in the coming ages he might show the
incomparable riches of his grace, expressed in his kindness to
us in Christ Jesus.

Ephesians 2:7



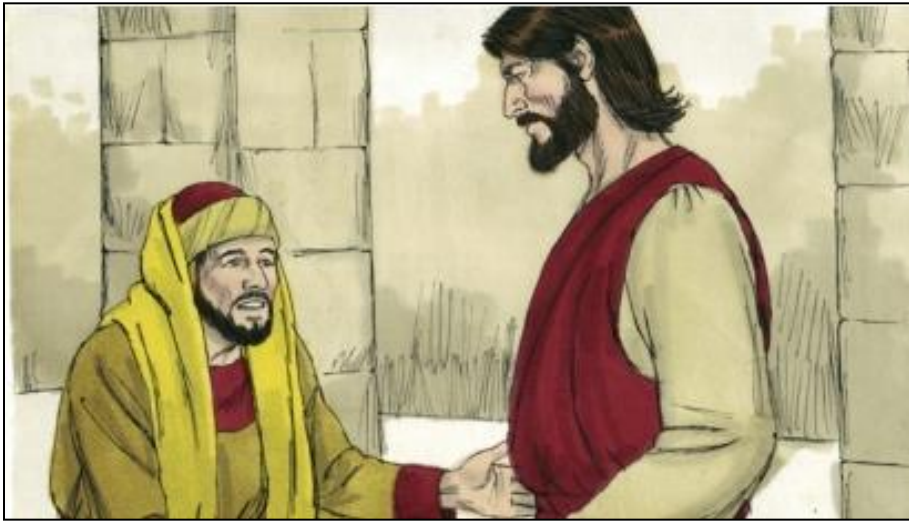
Yet he has not left himself without testimony: He has shown kindness by giving you rain from heaven and crops in their seasons; he provides you with plenty of food and fills your hearts with joy." Acts 14:17

= Doing good

A warning !

who have tasted the goodness of the word of God and
the powers of the coming age

Hebrews 6:5



As Jesus started on his way, a man ran up to him and fell on his knees before him. "Good teacher," he asked, "what must I do to inherit eternal life?" "Why do you call me good?" Jesus answered. "No one is good--except God alone. Mark 10:17-18

Of non Christians = philanthropy

The islanders showed us unusual kindness. They built a fire and welcomed us all because it was raining and cold.

Acts 28:2



They still needed the gospel

for it is God who works in you to will and to act in order to fulfil his good purpose. Philippians 2:13

I CHOOSE KINDNESS...

I will be kind to the poor for they are alone. Kind to the rich because they are afraid. And kind to the unkind, for such is how God has treated me.

– MAX LUCADO



I myself am convinced, my brothers and sisters, that you yourselves are full of goodness, filled with knowledge and competent to instruct one another. Romans 15:14

for it is God who works in you to will and to act in order to fulfill his good purpose.

Philippians 2:13

In Joppa there was a disciple named Tabitha (in Greek her name is Dorcas); she was always doing good and helping the poor.

Acts 9:36



Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me.

Psalm 51:10 -12



The Penitential Psalms
What Regret Cannot Do
Psalm 32



God's grace can !

But a Samaritan, as he travelled, came where the man was; and when he saw him, he took pity on him. Luke 10:33



"Which of these three do you think was a neighbour to the man who fell into the hands of robbers?" The expert in the law replied, "The one who had mercy on him." Jesus told him, "Go and do likewise." Luke 10:36-37

5 Simple Acts of Kindness

1.

2.

3.

4.

5.

